

Meeting of East Wales Regional Athletics Council

Wednesday 1 November via Teams

6:30pm

Present:

Joyce Tomala,(JT) Christine Vorrés,(CV)), Kieron Hearne (KH), Lynette Harries (LH), Sandy Chipper (SC), Emma Wookey (EW), James Blore (JB), Martyn Jenkins (MJ), Rachel Parnell (RP), Deb Quirk (DQ), Hayden, James Blore (JB), Peter Hitchings,(PH),

Agenda Item	Discussion	Action Points
1.Apologies:	Keith Matthews, Nicola Brunnock, Lorraine Clarke, Tom Meredith, Brecon AC, Rhayader AC, Paul Adams, Charlotte Moran, Becky Gibbs	
1. Conflict of Interest	None stated	
3. Actions from Previous Meeting	CV – possible fundraising opportunities still being investigated.	
1. Reports i. Safeguarding ii. Finance iii. WA AGM iv. WA Board & General Council v. Track & Field vi. Cross Country/Road vii. Trail and Mountain viii. East Wales Road Race Champs ix. Officials x. Website	<p>i. KH – No issues or reports</p> <p>ii. Keith Matthews sent his report and it will be forwarded to the members with the minutes of the meeting. Joyce pointed out 2 small corrections to the report.</p> <p>iii. Welsh Athletics AGM. CV told the members that the eligibility criteria will be changed to recognise grandparents, club affiliation fees are to be increased by £50 (not the £100 originally proposed) – and a working party will be set up to make the fee more proportional to club membership – individual athlete fee to increase to £21 in April with incremental increases in the next 2 years. It was agreed to merge two award panels to form one panel to agree awards</p> <p>iv. LH – unable to report due to sound issues. JT advised no meetings had been held due to the Chair resigning, and there being no secretary. New Chair and Secretary appointed at the WA AGM. If anyone has any issues that they would like taken to GC – please contact JT. Regional eligibility was discussed, JT stated she continues to request confirmation of definitive boundaries.</p> <p>v. JT – One amendment Newport Harriers commented on what Joyce had sent out to T & F clubs not just Brecon. Champs dates, indoor dates, Regional Champs, day 1, 3 Dec, day 2 7 Jan.</p> <p>Regional Champs Aberdare Sat 11th, Sun 12th MAY 2024</p>	
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	<p>SC Sorting out teams – 65 runners needed. Waiting for confirmation of availability. JT asked for a Team List – SC will forward when available. Kit was discussed. Spare vests will be available if needed. SV asked about the Regional Tent. JB – Men’s team a bit short at the moment. Timetable is an issue with 3 hour gap between M and F race. Eligibility for regional events was discussed. JT stressed athletes may only compete one for one region, based on Residency and/or parent. Where they qualify for more than one region the athlete decides which region to run for but may not swop. LH confirmed this. It was suggested that postcodes may help to determine boundaries for eligibility.</p> <p>vii CV read a report from TM – (attached) JT said thank you to all team managers for their hard work</p> <p>viii PA sent a report, read out by CV. (attached)</p> <p>ix JT Thank you to David Gilbert from Newport for organising courses for T & F Officials. JT is meeting David to finalise plans for the region to support Officials costs if they are actively supporting events. JT appealed for volunteers for Indoor Champs for a number of roles. LH – requested updates from Official’s Committee. Region needs to be informed of updates. CV reported that the Endurance Officials had cancelled their meeting as nothing to discuss at present. Only ongoing issue is the expenses paid to officials by WA. JT added that if anyone is interested in becoming an endurance official to contact Christine.</p> <p>X Website – CV A cheaper hosting service has been sourced and set up, saving the region around £90 pa. JT Comments about the website have been positive and thanked CV.</p>	<p>JT to ask for tent to be taken to Newtown for the Inter-regional XC. JT – take issue of time gap between races to GC</p> <p>CV Ask BG for a report re Officials Committee be presented to EWRAC</p>
<p>AOB</p>	<p>Date of next meeting 13 December. Other dates will be available as soon as possible as they need to be integrated into other calendars. SC – Who has money collected for vests? JT – pass to Darryn or Keiron</p> <p>LH – Apologies for connection problems led to her not giving a GC report</p> <p>PH – Newport are happy to host a EWRAC meeting face to face in the stadium. More parents have been enquiring about officials and coaching courses. Strong links have been developed with Welsh para-athletes. Newport has their first wheelchair athlete who recently competed for the first time. They have applied to Allianz for a grant to purchase entry level chairs for practicing. If successful they will apply for funding for a proper racing wheelchair.</p> <p>PA – Information sent to clubs is not being cascaded to club members. He appealed to clubs to make sure members know of the championship races – or know where to find it.</p> <p>JT – agreed that this is an ongoing problem but the website and social media sites are continually updated. Members welcome to get in touch with JT or CV if they need information.</p>	

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Mountain and Fell Report - TM

I have circulated the Wales off road selection policies for 2024 on social media. They may be seen on the Welsh Athletics Website [here](#)

I will be arranging a junior development day. The coaches (the Hopkinsons) have agreed. I am planning on this being early next year so that runners can be primed for the East Wales and Wales opportunities next year.

I will be working on East Wales champs and selection policies for 2024 in the coming weeks.

Kind regards,

Tom

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East Wales Road Race Champs – PA

The final race of the 2023 EWCRRC will take place on Saturday 25th November with the Elan Valley 10 Mile Road Race. This event is now sold out.

The results for the 2023 competition will be published in early December. They will be sent by email to all clubs and posted on the EWCRRC Facebook page and East Wales website. I will look to order the trophies for presentation at a suitable event in early 2024.

The races for the 2024 competition will be announced next week, again by email and on the other channels mentioned above.

The races for 2024 will be the SAME as this year.

1. Newport Half Marathon 3/3/24
2. Kymin Dash - April 2024
3. Scenic 7 (provisionally) 21/8/24
4. Elan Valley 10 Mile Road Race - November 2024

I have chosen these races so have some continuity in the completion fixtures, to have NESW of the region represented, and to try to embed these races so they are identifiable as "EWCRRC races".

Paul

AOB:- PA

Just one little observation (minor moan). I've received a few emails this year that strongly suggest that information in emails sent to clubs about the championship is not being cascaded to members of those clubs. For example I had a number of emails in April-June this year asking what the next championship race was etc.

Please can all clubs communicate the details of the championship to their members - or at least direct them to the Facebook page. If you feel your club is not receiving the information by email then please drop me an email to paul373@outlook.com and I will make sure you are added to the mailing list.

Thanks

Paul"